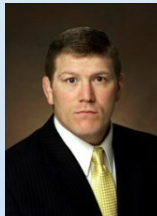


2018 EXPRESS WRESTLING FALL TRAINING CAMP

featuring . . .

NDSU BISON COACHING STAFF



ROGER KISH—HEAD COACH, NDSU

2X All American and runner-up 184

4X Michigan State Champion

4X Big Ten Champion



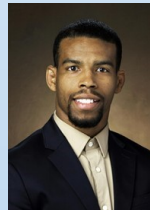
MATT NAGEL—ASST COACH, NDSU

NCAA All-American

3X NCAA Division I qualifier

5X Time Minnesota State High School Champion

3X Asics Junior Greco Champion



JARROD GARNETT—ASST. COACH, NDSU

3X ACC Champion

2013 All-American at Virginia Tech

4 X NCAA qualifier

2X University Nationals All-American in free-



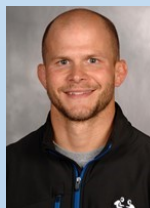
GAGE HUTCHINSON—VOLUNTEER COACH

2X Michigan Sate Champ (218-8 career record)

4x Starter Michigan University

2x Mid American Runner Up

2x Placer at Midlands (4, 7)



NICK MAGEE—NDSU

All-American NCAA Division II

NCC Conference Champion

NCAA North Region Champion

2X NCAA Division II National Meet Qualifier

WHEN: Oct 18, Oct 23, Oct 25, Oct 30, Nov 1 — 6:00pm to 8:00pm

WHERE: Wrestling Room @ Valley City High School

COST: \$75 per wrestler. You can attend 1 session or all 5 for this price.

GOALS: Technique, drilling, live wrestling

AGES: 4th through 12th grade (Open to any and all participants)

YOU MUST PRE-REGISTER BY EMAIL OR PHONE. ONLY 30 SPOTS AVAILABLE

Aaron Larson: alarson140@gmail.com or 701-490-0024

Tim Miller: tim.miller@ymail.com or 701-490-1650